CLAIMS

1. A thermoplastic resin foam which is a thermoplastic resin sheet containing a metallic oxide and has fine pores with mean bubble diameter of 10 μ m or less within.

5

- 2. A thermoplastic resin foam according to claim 1, wherein the content of said metallic oxide is 0.1 to 15 parts by weight to said thermoplastic resin of 100 parts by weight.
- 3. A thermoplastic resin foam according to claim 1 or 2, wherein said metallic10 oxide is zinc oxide.
 - 4. A thermoplastic resin foam according to any one of claims 1 to 3, wherein said thermoplastic resin is polyester.
- 5. A thermoplastic resin foam according to any one of claims 1 to 4 which is manufactured by a manufacturing method comprising a process for containing inert gas by holding a thermoplastic resin sheet containing metallic oxide in a pressurized inert gas atmosphere and a process for heating the thermoplastic resin sheet containing the inert gas under normal pressure and foaming the resin.